

# Power versus Force

Every human has his own consciousness frequency which David R. Hawkins (MD.D., Ph.D.) has explained in his book “Power versus Force”.

This frequency can rise if we do something what we can prescribe as extremely positive.... Principally, we can distinguish negativity below the value of 200 and positivity above 200. The average before 2020 was around 220. Healers have at least a frequency of 500 and clairvoyant humans at least 650. The highest frequency is 1000 (Jesus... ).

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## How to measure the frequency following Hawkins?

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There are two simple methods for measuring this frequency yourself:

### 1. Arm muscle test

Preparations for easy testing:

Do the “Daily Energy Routine” (see youtube) for resetting your own energy well. Also the person who will be tested should be tested if testable and if the polarity is not inverted; we can teach you how to test correctly also by zoom. We teach correct muscle testings on your request during our free Monday evening sessions.

#### Step 1:

We test with horizontal arm at 45° as follow:

Two fingers on wrist with 2 pounds of pressure during 2 seconds. Before, we ask to “resist”.

#### Step 2:

We interrupt the kidney energy by vertical pinching at the armpit.

#### Step 3:

We measure again as noted in step 1.

- a) If the arm is weak (easy to push down) means that this person is measurable.
- b) If the arm stays strong means that the tested person is blocked in his kidney-energies.

### Clear up the blocked kidney-energy

1. Drink water
2. Massage deeply with two fingers kidney points 27 right under your collar bone and next to your breast bone. If this hurts, this means that you found the right points. By holding the other hand on the back facilitate the deep massaging at the K27 points.

After rubbing 30 seconds deeply, the kidney energies become free again and then you can repeat step 2 and step 3.

#### Step 4:

We restore the interrupted energy by passing with the flat hand over the pinched area.

Repeat step 1 and the arm should resist again.

## Step 5:

The to be tested person is now ready for testings.

We ask following questions and execute the muscle test as following step 1: "Is your frequency following Hawkins higher than 50?" Then repeat this with 100, 150 and 200..

As the genetechnology of the corona vaccines did contaminate all people, he/she will test weak at 200 and strong at 150. If you finetune the testings at 160 (strong) and 165 (weak) you know that his/her frequency must be between both results. The frequency programmed by the vaccines had been set up to 161 and you can control and test this at any person who had been in physical contact with any contaminated person, independantly if this person is vaccinated or not. The contamination quote is today at 100% of the human population and the behaviour of fear, aggression and apathic state of humans are confirming this in reality too.

## 2. The dowsing test

Free moving, long dowsing rods are the best for dowsing.

### Step 1:

Wij stand still at a distance before we start to walk step by step toward the to be tested person while we hold the dowsing rods nearly horizontal with light inclination forward to keep them paralel and straight.

### Step 2:

We ask the question: "show me the vibration following Hawkins" and think in steps by 50. Per step, we rise the amount: 100, 150... At 150, the dowsing rods will close slightly already... we walk slower and change to 160... and than to 161 as the dowsing rods close nearly completely at 160.

Dowsing needs some practice but any persons being tested this way can clearly see the free turning dowsingsticks at 161 .... very convincing.

Here the meaning of the frequency-level:

God-view	Life-view	Level	Log	Emotion	Process
despising	miserable	shame	20	humiliation	elimination
vindictive	evil	guilt	30	blame	destruction
condemning	hopeless	apathy	50	despair	abdication
disdainful	tragic	grief	75	regret	despondency
punitive	frigthening	fear	100	anxiety	withdrawel
denying	disappointing	desire	125	craving	enslavement
vengeful	antagonistic	anger	150	hate	aggression
indifferent	demanding	pride	175	scorn	inflation
permitting	feasible	courage	200	affirmation	empowerment
enabling	satisfactory	neutrality	250	trust	release

<b>God-view</b>	<b>Life-view</b>	<b>Level</b>	<b>Log</b>	<b>Emotion</b>	<b>Process</b>
inspiring	hopefull	willingness	310	optimism	intention
mercifull	harmonious	acceptance	350	forgiveness	transcendence
wise	meaningfull	reason	400	understanding	abstraction
loving	benign	love	500	reverence	revelation
one	complete	joy	540	serenity	transfiguration
all being	perfect	peace	600	bliss	illumination
self	is	enlightment	700-1000	"ineffable"	pure consciousness

This chart shows us the level of consciousness with the measured frequencies and give a meaning by measured level.

Lower than 200: here start the negative frequencies. They are called by Hawkins "powerless" what means that the person is no more able to take action by his/her own.

The most famous of highest vibration at level 1000 are Buddha, Krishna and Jesus.

You can find detailed information in the book "Power versus Force" by David R. Hawkins, M.D., PH.D. ISBN 978-1-4019-4169-7